

**Counselor Letter
Of
Recommendation**

INFORMATION GATHERING FORM

The letter of recommendation from your counselor is very important. To assist me in developing your “advertisement”, please complete and give this form to me as soon as possible. I will use this form and also information gained from you during personal interviews to write the recommendation. Be sure to give examples. I would also appreciate your parents completing the “Parents Perspective” form. This will enable me to write a stronger recommendation.

Print Last Name	First Name	Middle
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Signature_____

Home Phone_____ Mobile Phone_____ Work Phone _____

Nationality	Language used at home
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Other languages in which you are reasonably fluent_____

Number of years of attendance at ASK_____

SAT I	SAT II
Math _____	_____
Writing _____	_____
Critical Reading _____	_____

Please list the previous schools attended beginning with grade 9.

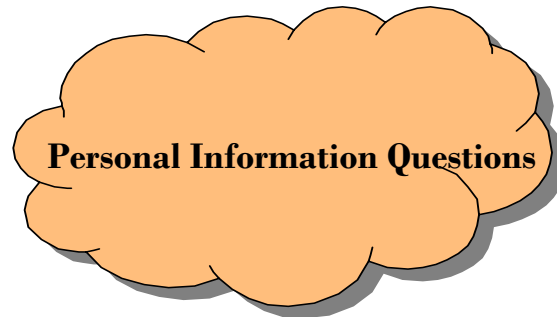
Grade/Dates	School's Name	Location
9	_____	_____
10	_____	_____
11	_____	_____
12	_____	_____

Secretary or Counselor Signature

Date received_____

Please note any activities in which you have participated and list any leadership positions.

Grade	Academic Honors and Awards	Athletics	Clubs
9			
10			
11			
12			



1. How have you used your time outside of school? (i.e. hobbies, organizations)
2. What extracurricular activity has been the most meaningful to you? Why?
3. Discuss your most significant academic successes and/or strengths.

4. What have been your most difficult/frustrating academic experiences? What did you learn from these struggles?

5. What have been your most successful personal/social growth experiences?

6. What have been your most difficult personal/social growth experiences? What did you learn from these struggles.

7. A. What are your three most admirable qualities? (Examples: maturity, independence, honesty, enthusiasm, self-motivated, music, athletics, relate well to others, leadership skills, integrity, self-discipline, etc.)

B. Give examples to illustrate why you have chosen these qualities.

8. What are three personal qualities you are working to improve in yourself? Why do you feel these are important?

9. What do you think will be your greatest contribution to a college campus?

10. What career areas are of greatest interest to you? Why? Have you thoroughly investigated these areas?

11. Why do you want to attend college?

12. What responsibility do you feel towards humanity and/or the world in general?
13. Please write about any community activity, summer, or yearlong job, service to any person in need whether family, friend, or stranger, or anything you can think of which would help to paint a more well-rounded picture of you as an individual. Let me brag about you!
14. List continents/countries you have lived or traveled and amount of time spent in each.
15. Write about one or two events, which had an impact on your life. **(Write on back)**
16. List two teachers who know you best.



When you are finished and your parents have filled in their form, return to guidance office and have either the secretary or the counselor sign and date the form. Without this form it will be difficult to write your recommendation. **This form needs to be handed in no later than November 1st.**

